



2026 AZALEA BOWL REGATTA

Cape Fear Community Sailing
Carolina Yacht Club | Wrightsville Beach, NC | March 27-29, 2026

SAILING INSTRUCTIONS

March 27, 2026

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the 2025-2028 Racing Rules of Sailing (RRS), the ISSA Procedural Rules, the ICSA Procedural Rules, the Scholastic Dinghy Class Rules, the Prescriptions of US Sailing, this NOR, and the Sailing Instructions (SIs).
- 1.2 Prescription V1 shall apply.

2. NOTICES TO COMPETITORS AND CHANGES TO SAILING INSTRUCTIONS

- 2.1 Notices will be posted on the official regatta notice board (Techscore website for each fleet) or orally to all competitors on the water. Techscore = scores.hssailing.org and scores.collegesailing.org.
- 2.2 Changes to the Sailing Instructions shall be posted 30 minutes after the competitor's meeting each day. Changes to the schedule of races shall be posted before 1900 the day prior.
- 2.3 Signals made ashore shall be announced at the Sound Side Gazebo.

3. BOATS & SAILS

- 3.1 For College teams, each team is responsible for rigging the boat they sail in the first rotation of the regatta each morning. Each team is responsible for unrigging the boat they sail in the last rotation of each day. Failure to properly care for boats and/or sails may subject a team to protest under this rule. This includes failure to take proper care while rotating.

High school teams will not rotate. However, teams using a borrowed or chartered boat are responsible for rigging and derigging that vessel.
- 3.2 At the beginning of each day, sails will be located near the Sound Side Gazebo or in their designated boats. Sails shall be returned to the Sailing Shed following each day of racing unless otherwise instructed by the Organizing Authority.
- 3.3 Rudders shall be clipped or tied to the hulls at all times of CYC boats. They shall be laid flat in the hulls at the end of the day with tillers detached.
- 3.4 Provided sails must be foot along the boom.

- 3.5 College Teams who use CYC 1853's 420s 1-19 may be required to rig a provided mast float on the top of the mainsail. High school teams may also be required to use a mast float on the top of the mainsail.
- 3.6 College Teams are required to have a streamer on both shrouds visible to the Race Committee for scoring purposes. Non-compliance will result in being scored DNF.
- 3.7 All teams must keep the auto bailer closed in all 420s for the duration of the regatta.
- 3.8 Teams that decide not to sail in a rotation are responsible for their assigned boat unless otherwise instructed by the Organizing Authority.
- 3.9 Redress will not be given for breakdowns of personal equipment. Each team is responsible for checking pins, ringdings, and universals for private and club-owned equipment.

4. SCHEDULE

- 4.1. The schedule of races is as described in the Notice of Race.
- 4.2. The number of races will be at the discretion of the Race Committee. The Race Committee will attempt to complete a full rotation.
- 4.3. Three completed races per Division will constitute a regatta.

Friday, March 27, 2026

1230 Check-in

1300 Optional practice

1630 Free, interactive rules seminar by Jerry Thompson, US Sailing National Judge and the Azalea Bowl Regatta's Chief Judge
(concludes at 1800)

Saturday, March 28, 2026

0830 Report time

0900 Check-in Ends

0930 Competitors Meeting

Racing to follow immediately after the Competitors' Meeting

1800 Dinner & College Sailing Forum (Timing could be adjusted based on racing.)

Sunday, March 29, 2026

0830 Report Time

0845 Competitors Meeting

Racing to follow immediately after the Competitors' Meeting

1430 No warning signal for College after this time

1500 No warning signal for High School fleets after this time

Awards ceremony immediately following racing

5. ROTATIONS

- 5.1 The rotation sequence and boat assignments will be available on Tech Score.
- 5.2 Boats shall be rotated between races in accordance with the rotation schedule posted.
- 5.3 Boat rotation will take place off the CYC docks or an area designated by the PRO. The rotation area will be described at the competitors' meeting or by hail if conditions change.
- 5.4 The high school team will not rotate boats.

6. RACING AREA

- 6.1 The sailing area for all fleets will be in Banks Channel within sight of the CYC docks. There will be one race course with different starts for high school and college teams. The RC can move the course where they see fit based on wind direction.

7. COURSES & MARKS

- 7.1 The Course Diagram is attached in Appendix A. The course can be moved throughout Banks Channel based on wind direction.
- 7.2 Marks 1, 1a, 2s, and 2p will be red balls. The Starting Mark will be a yellow mark. The Downwind and Upwind Finish Mark will be white.
- 7.3 The Upwind Finish may be to windward or leeward of marks 1 and 1a depending on the space available in Banks Channel.
- 7.4 The course will be displayed via whiteboard on the RC boat.

8. CLASS FLAGS

- 8.1 The College Fleet's Class Flag will be Numeral Pennant 1.
- 8.2 The High School Fleet's Class Flag will be Numeral Pennant 2.
- 8.3 A hail may be made before the Warning Signal announcing which fleet will start next.

9. START/FINISH

- 9.1 Races will be started in accordance with RRS Appendix U - Audible Signal Racing System in accordance with ISSA and ICSA Procedural Rules.
- 9.2 A boat that has not met the definition of *start* within 4 minutes of her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2 applied under ISSA and ICSA Procedural Rules.
- 9.3 Boats not in sequence or racing shall keep clear of the start/finish area.

10. RECALLS

- 10.1 Individual recalls shall be signaled by hailing the sail number if possible (or other distinguishing feature) of each recalled boat. Code flag X will be displayed.
- 10.2 General Recalls will be made in accordance with ISSA PR 7.9(c) and ICSA PR 18.b(iii). After a General Recall, RRS 30.1 shall apply except Flag I need not be displayed. This changes RRS 30.1.
- 10.3 The Race Committee will attempt to hail boats that are over early (OCS). Failure of a boat to hear the hail, an untimely hail, or the order of boats in the hail will not be grounds for redress. This changes RRS 61.4.

11. THE FINISH

11.1 The finish line for W2, W4, and W6 will be between the blue flag on a Race Committee boat and the White Ball to starboard of the RC boat. The Finish Line for W3 and W5 will be between a blue flag on the race committee boat and a white ball to port of the finish boat.

12. SCORING

12.1 Scoring will be in accordance with the ISSA's and ICSA's respective Procedural Rules under RRS Appendix A.

13. TIME LIMITS

13.1 The race will be abandoned if no boats round the windward mark ten minutes after the start of the race or if the lead boat has not finished 30 minutes after the start of the race. Failure to meet the time limits will not be grounds for redress. This changes RRS 61.4(b)(1).

13.2 In the interest of starting another race or completing the day's racing in a timely fashion, the Race Committee may assign a finish position to any boat(s) still racing, provided their position(s) can be determined in a reasonable manner. Such boat(s) will be scored as finished. This changes RRS 28.1, 35, A3, and A4.

14. SHORTENING AND ABANDONING RACES

14.1 For the High School Fleet, ISSA PR 7.8(d) does not apply. Races may be shortened at the discretion of the Race Committee.

14.2 For the College Fleet, ICSA PR 18.c.(i) is changed to state "Marks may be moved as necessary to maintain a course configuration or change course length, but no mark shall be moved when any boat is on the leg that it terminates. No change of course signals are required." Races may be shortened at the discretion of the Race Committee.

14.3 If the course is shortened by displaying code flag S, it shall be displayed with the class flags of the fleets to which it applies.

15. PROTESTS

15.1 For the High School Fleet, ISSA PR 8(b) states "Before Protesting, a competitor shall not communicate with anyone other than teammates or other competitors before reporting to the Race Committee an intention to file a protest. Breaking this rule may be grounds for closing the protest hearing." This changes RRS 60.2.

15.2 Protest Forms shall be completed as soon as possible after completion of the set of races in which the event at issue took place. The time limit for protests at the end of the last set on each day is 15 minutes after the Race Committee boat has docked.

15.3 Protest forms shall be turned into the dropbox on the Sound Side Gazebo by the Flag Pole.

16. BREAKDOWNS

16.1 Requests for Redress for Breakdowns will be acted upon in accordance with ISSA PR 9(e) and ISSA Appendix 5 for the High School Fleet and ICSA PR 23 and ICSA PR Appendix D for the College Fleet.

16.2 High school teams are responsible for their own boat and all other equipment, except for sails. If the judges decide a breakdown was in a team's control, that team will not receive redress. You will not get redress for pins, ringdings, universals, etc.

17. RETIREMENT

17.1 A boat that retires from a race shall notify a Race Committee boat before leaving the racing area. If that is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

18. FUNDAMENTAL RULES

18.2 Competitors shall report any damage or loss of equipment, however slight, to the Race Committee immediately upon completion of the race. Absent a determined effort to comply, the penalty for infringement may be disqualification from the race or regatta, for the crew or entire team, subject to the decision of the Protest Committee.

18.3 Competitors may only receive coaching, instruction, assistance, equipment, or sustenance when not racing.

18.4 Competitors shall wear lifejackets in accordance with ISCA and ISSA rules at all times when afloat. Inflatable-type lifejackets are not permitted. Code flag Y need not be displayed.

18.5 A boat that retires from a race shall notify the Race Committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

18.6 Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3 - Decision to Race.

19. COACHING / SPECTATING

19.1 For all fleets, coaching shall be done from the docks.

19.2 Spectator boats are not allowed for the entire duration of racing.

19.3 Team leaders, chaperones, coaches, advisors, and other support personnel shall not be on the water unless when rendering assistance under RRS Rule 1 or as instructed by the Race Committee.

19.4 One (1) Coach Representative for the High School Fleet and one (1) Coach Representative for the College Fleet will be appointed by the Carolina YC Waterfront Director. The Coach Representatives will be allowed minimal communication with the Race Committee via VHF radio for feedback purposes only. Any suggestions from teams shall be directed to the Coach Representatives. The penalty for failure to comply with this requirement may result in disqualification of all boats associated with the infringing team personnel.

20. PARTICIPATION

20.1 With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission from the Race Committee, is subject to disqualification from races in which they did not compete.

21. TROPHIES

21.1 Trophies will be awarded to teams placing 1st, 2nd, and 3rd overall in the High School and College fleet. 1st will be recognized for each fleet's A and B Divisions.

22. RISK STATEMENT

22.1 30.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

ADDITIONAL INFORMATION

Additional logistical information and requirements have been distributed to all entries via CapeFearCommunitySailing.org, Techscore, and/or email.

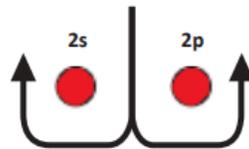
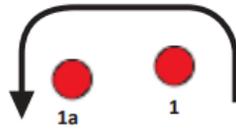
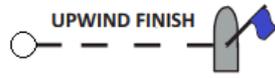
DINNER

A College Night Dinner will be available on Saturday, March 28, 2026, at approximately 1800 for all competitors and ticket holders. The dinner will be in the tent on the sound side of CYC 1853. Each team registration includes four (4) dinners. Each college sailing team will give a short presentation about their school and program following the dinner. Students and parents interested in information about college sailing should plan to attend. All colleges should plan to be represented. Tickets are required for dinner, but not for college presentations.

CONTACT INFORMATION

REGATTA CO-CHAIR Tavia Smith Azalea Bowl Regatta, Founder and Regatta Coordinator Cape Fear Community Sailing 919-939-7160 TaviaBSmith8@gmail.com	REGATTA CO-CHAIR Alicia Smith Azalea Bowl Regatta, Exec Support Cape Fear Community Sailing 919-522-7010 AliciaHSmith@gmail.com	ORGANIZING AUTHORITY Carolina Yacht Club 401 S. Lumina Avenue Wrightsville Beach, NC 28480 carolinayachtclub.org
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APPENDIX A



Course	Rounding Order
W2	Start - 1 - 1a - Downwind Finish
W3	Start - 1 - 1a - 2s/2p - Upwind Finish
W4	Start - 1 - 1a - 2s/2p - 1 - 1a - Downwind Finish
W5	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - Upwind Finish
W6	Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - Downwind Finish